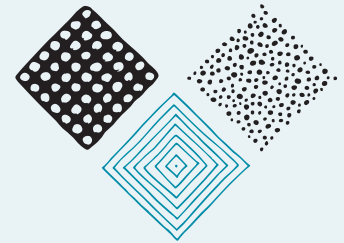




Teen



Teen Program Info

Student Needs and Course Requirements:

- Teens must be between 12-17 years old during the duration of the course.
- We want everyone to have fun and stay safe. Because college is an adult environment, all participants must follow the guidelines outlined in the PCC Student Rights and Responsibilities (pcc.edu/about/policy/student-rights). Students in the Summer Teen Program are expected to be able to work independently and in groups with minimal support from the instructor.
- Students who will be attending with a Personal Care Attendant must register with PCC Disability Services prior to the class beginning. (Visit pcc.edu/disability, click on "Get Started" button and on the next page click on the "I Take Community Education Courses" button).
- If you have other questions or concerns that you would like to share regarding your student's needs or accommodations, please contact the program at 971-722-6606.

Registration:

Register for Teen program classes at pcc.edu/community/teen.

Students will need to create a MyPCC account and fill out the Consent to Release form prior to registering for classes. To create a MyPCC student account:

- 1 Visit pcc.edu/nc
- 2 Select the "Create Your Account" option
- 3 Select the "Apply as a non-credit" student option
- 4 Follow the prompts to create the account

Information on how to complete the Consent to Release form is available at pcc.edu/community/teen. If you have questions or need assistance, contact 971-722-6606.

Get more info, find new classes, and [register at pcc.edu/community/teen](https://pcc.edu/community/teen)

► You may also like **Parenting with Ease** on page 50

Athletic Fitness

9SPR 624Y Yoga for Athletes

Develop or deepen a yoga practice to complement your favorite sport. Improve flexibility, strength, balance and mental focus. Experiment with sequences to integrate into warm up and cool down routines. Learn poses, meditation techniques and breath practices to help promote relaxation and recovery. For ages 12-17.

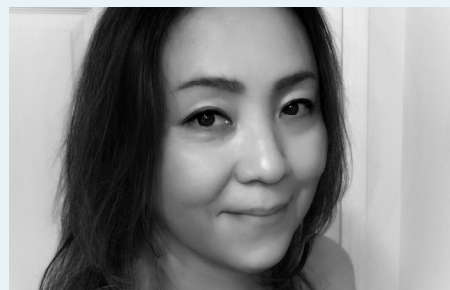


16144 CED Remote 4pm-5:20pm
Wed 1/13-2/10 Diffely \$115

► You may also like **Yoga** classes on page 36

9SPR 625G Teen Zumba: Dance Party!

Ditch the workout and join the party! We'll move and groove to Latin music and learn basic dances while having fun together and staying fit. For ages 12-17.

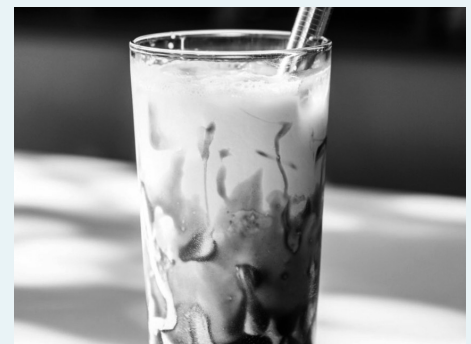


16145 CED Remote 12pm-12:50pm
Thu 1/14-3/4 Nishikido \$69

Cooking

9FD 634H Thai Tea Time

Explore the world of teas! Learn tasting techniques and cupping methods while trying different teas like milk tea with boba, matcha and even make your own Thai Iced Tea. For ages 12-17



16307 CED Remote 2pm-3:50pm
Sat 2/27 Claussen \$25 + \$5 fee

◀NEW CLASS▶

9FD 624R Boba Tea Shop

Be a bubble tea barista in your own kitchen at home! Boba Tea is delicious, trendy and fun to make. Learn to make juicy, honey-infused traditional boba and other fusion drinks you would find in a boba tea shop. For ages 12-17.



16146 CED Remote 2pm-4:50pm
Sat 3/6 Claussen \$35 + \$5 fee

9FD 624Q **Pasta Made Easy!**

Cook pasta on your own! Learn to prep, create and cook four different pasta dishes with common items from your pantry, plus other ingredients that can be interchangeable, to accommodate what you already have at home. For ages 12-17.

16297 **CED Remote** 11am-1:50pm
Sat 1/23 Garcia-Andre \$35 + \$7 fee
Instructor will email supply list.

◀NEW CLASS▶ ▶NEW INSTRUCTOR▶

9FD 624S **Cooking and Chemistry**

Have you ever been curious how food changes while cooking or baking in the kitchen? It's chemistry! Explore proteins, starches and fats and the changes during the cooking process that make your food easier to digest and taste better while learning basic cooking skills. For ages 12-17.

16292 **CED Remote** 2pm-3:50pm
Tue 1/12-3/16 Esteghlalian \$189 + \$5 fee
Instructor will email supply list.

Exploring Language of Culture

9LAN 616R **German Conversation for Teens**

Ja, du kannst Deutsch! Learn the basics in this fun, beginner's conversation class. Explore the German alphabet, train facial muscles to master sounds of the German language and learn useful vocabulary to increase confidence and fluency. German conversation is encouraged on the first day of class...along with laughing! For ages 12-17.



16147 **CED Remote** 4pm-5:50pm
Tue 1/12-3/16 Burkic \$119

◀NEW CLASS▶ ▶NEW INSTRUCTOR▶

9LAN 616T **Teen French Club**

Want to keep up on your French language skills? Join other students to practice speaking French with games, projects and discussions about interesting topics like music, food and art! For ages 14-17.

16296 **CED Remote** 7pm-8:30pm
Wed 1/13-3/3 Murer \$79
Instructor will email supply list.

Music

9PER 623Q **Glee Camp**

Inspired by the television sensation, this premier choral ensemble offers a dynamic atmosphere for students to unlock their inner star! Each student will explore fun vocal exercises and singing in harmony. Glee Club emphasizes reading music, intonation, listening skills, rhythm and healthy vocal technique. For ages 12-17.

16151 **CED Remote** 6pm-6:50pm
Mon 1/11-3/8 Roe \$209
No class 1/18.

◀NEW CLASS▶

9PER 623Z **Teen Ukulele**

Play fun and familiar tunes on the ukulele! Learn the basics of this instrument in an interactive virtual group setting while exploring the fundamentals of ukulele and music theory. For ages 12-17.

16152 **CED Remote** 4:30pm-5:20pm
Tue 1/12-3/2 Roe \$209
Must have a ukulele.

9PER 625Q **Rock Guitar 101**

Learn to play some of your favorite songs! You will learn guitar basics, music theory and musical performance. Realize your musical dreams by learning and playing in a motivating and encouraging atmosphere. For ages 12-17.

16149 **CED Remote** 4:30pm-5:20pm
Wed 1/13-3/3 Roe \$209
Must have a guitar.

9PER 623Y **Piano for Beginners**

Learn the piano! This class is an excellent introduction to the keyboard and prepares pianists for private study or playing in a band/ensemble. Develop core keyboard skills like hand position, note-reading, chord vocabulary, rhythm and music theory while learning rock, pop and classical songs. For ages 12-17.

16150 **CED Remote** 5pm-5:50pm
Thu 1/14-3/4 Roe \$209
Must have a piano or keyboard.

Visual Arts

I'm excited to work with young artists and writers because they always have the best ideas and creative energy!

Instructor **Ryan Alexander-Tanner** – Comics: Writing and Drawing Short Stories

9FA 623I **Comics: Writing and Drawing Short Stories**

Explore the storytelling capabilities of the comics medium. Learn from a seasoned comic artist how to pitch your story, develop its concepts and outline a narrative. Design, pencil, letter and ink your finished comic. All levels welcome. For ages 12-17.

Comics: Writing and Drawing Short Stories, continued



16137 **CED Remote** 4:30pm-7:20pm
Tue 1/12-3/16 Alexander-Tanner \$179

◀NEW CLASS▶ ▶NEW INSTRUCTOR▶

9FA 630K **Everyday Creativity**

Exercise your creativity! Break up your learning routine with some hands-on artful play through drawing, watercolors, collage and sculpture. Explore a new perspective and discover your artistic talents. Artful play can also help you destress and relax throughout the week. For ages 12-17.

16295 **CED Remote** 4:30pm-5:50pm
Wed 1/13-3/3 Jordan \$79
Instructor will email supply list.

I'm excited to share my love of origami!

Instructor **Sasha Moore** – Origami and Kirigami

◀NEW CLASS▶ ▶NEW INSTRUCTOR▶

9FA 630L **Origami and Kirigami**

Learn origami and kirigami! Explore many different Origami folds and cut paper to create kirigami designs each week. Create simpler designs like a boat, animals and stars and move on to more intricate designs such as bookmarks, boxes and even a Valentine heart book. For ages 12-17.



16294 **CED Remote** 4pm-5:50pm
Fri 1/22-2/26 Moore \$69
Instructor will email supply list.

▶ You may also like **Origami Home Decor** on page 25

Get more info, find new classes, and **register** at pcc.edu/community/teen

You cannot register for Teen Program classes through the normal PCC registration system.