



Help Your Child Succeed in School: Build the Habit of Good Attendance Early

School success goes hand in hand with good attendance!

DID YOU KNOW?

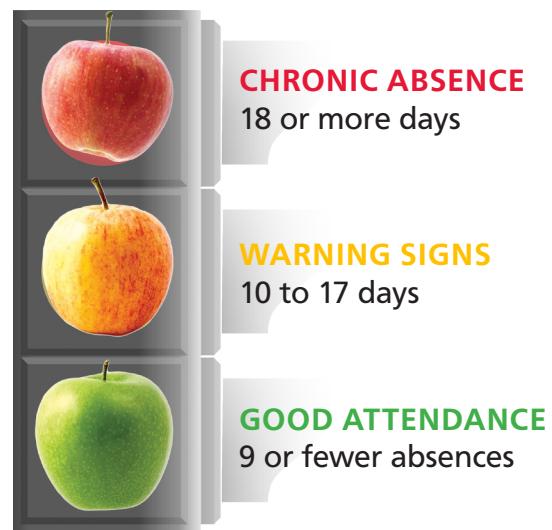
- Starting in kindergarten, too many absences can cause children to fall behind in school.
- Missing 10 percent (or about 18 days) can make it harder to learn to read.
- Students can still fall behind if they miss just a day or two days every few weeks.
- Being late to school may lead to poor attendance.
- Absences can affect the whole classroom if the teacher has to slow down learning to help children catch up.

Attending school regularly helps children feel better about school—and themselves. Start building this habit in preschool so they learn right away that going to school on time, every day is important. Good attendance will help children do well in high school, college, and at work.

WHAT YOU CAN DO

- Set a regular bed time and morning routine.
- Lay out clothes and pack backpacks the night before.
- Find out what day school starts and make sure your child has the required shots.
- Introduce your child to her teachers and classmates before school starts to help her transition.
- Don't let your child stay home unless she is truly sick. Keep in mind complaints of a stomach ache or headache can be a sign of anxiety and not a reason to stay home.
- If your child seems anxious about going to school, talk to teachers, school counselors, or other parents for advice on how to make her feel comfortable and excited about learning.
- Develop back-up plans for getting to school if something comes up. Call on a family member, a neighbor, or another parent.
- Avoid medical appointments and extended trips when school is in session.

When Do Absences Become a Problem?



Note: These numbers assume a 180-day school year.

For more on school readiness, visit attendanceworks.org and reachoutandread.org

Kucaawi Ilmahaaga in uu ku Guuleysto Iskuulka: Dhis Caadada Wanaagsan ee Xilli Hore Imaanshaha ah Guusha iskuulka waa mid lasocota imaatinka wanaagsan!

MA OGTAHAY?

- Laga bilaabo xanaanada, maqnaanshaha baddana ayaa u sababa caruurta in ay iskuulka dib ugu dhacaan.
- Maqnaanshaha boqolkiiba 10 (ama kudhowaadkii 18 maalmood) ayaa kadhibi kara mid adag in labarto sida wax loo akhriyo.
- Ardayda weli waxay noqon karaan kuwo dib u dhaca haddii ay maqnaadaan keliya hal maalin ama labbo maalin dhowr todobaad kasta.
- In laga soo daaho iskuulka waxay keenaysaa imaatin liita.
- Maqnaanshooyinka waxay saameyn karaan fasalka oo dhan haddii macalinka ay khasab kunoqoto in uu tartiibiyoo waxbarashada si uu ugu caawiyo ardayda soo daahda in ay soo haleelaan.

In loo imaado iskuulka si joogto ah waxay kucaawisaa caruurta in ay iskuulka kadareemaan si wanaagsan—iyo ayaga nafsadooda. Kubiloow dhisida caadadaan iskuulka xanaanada si ay u bartaan in imaatinka iskuulka latago waqtigiisa, maalin kasta ay tahay mid muhiim ah. Imaatinka wanaagsan wuxuu kucaawin doonaa caruurta in ay darajo fican ka keenaan dugsiga sare, kulliyada, iyo shaqada.

WAXA AAD SAMEYN KARTO

- Deji waqtii go'an oo seexashada ah iyo qaab joogto ah oo lasoo kaco subixii.
- Habeenkaba diyaari dharka iyo boorsadaha dhabarka.
- Oggow maalinta uu iskuulku bilowndo kadibna hubso in ilmahaaga uu qabbo waxa loo baahanyahay.
- Bar ilmahaaga macalimiinteeda iyo ardayda fasalka ladhibta kahor inta aan iskuulku bilaaban si aad ugu caawiso wareega.
- Ha u oggolaanin ilmahaaga in uu joogo guriga aan ka ahayn haddii ay si dhab ahi u xanuunsantahay. Kuhay maskaxda cabashooyinka kusaabsan calool xanuunka iyo madax xanuunka in ay noqon karaan calaamadooyin daal mana ahan kuwo sabab u noqon kara in guriga lajoogo.
- Haddii uu ilmahaaga u muuqdo mid kawelwelsan aadida iskuulka, kala hadal macalimiinta, lataliyaasha iskuulka, ama waalidiin kale wixii kusaabsan latalinta sidii looga dhigii lahaa mid dareenta raaxo iyo farxad ku aadan waxbarashada.
- Sameyso qorshooyinka-xoojin oo loogu talogalay aadida iskuulka haddii ay waxkale dhacaan. Wac xubin qoyska katirsan, deris, ama waalid kale.
- Kafogooow balamaha caafimaadka iyo safarada dheer marka uu iskuulku shaqeeyo ama jiro.

Goormee Maqnaanshaha Noqonayaay Mushkilad?

MAQNAANSHAHA DABA DHEERAADA

18 ama maalmo kabaddan

CALAAMADAH DIGNIINKA AH

10 illaa 17 maalmood

IMAATINKA WANAAGSAN

9 ama kayar oo maqnaansho ah

Xusuusnoow: Lambaradaan waxay noqonayaan 180-maalin oo sannad iskuuleed ah.