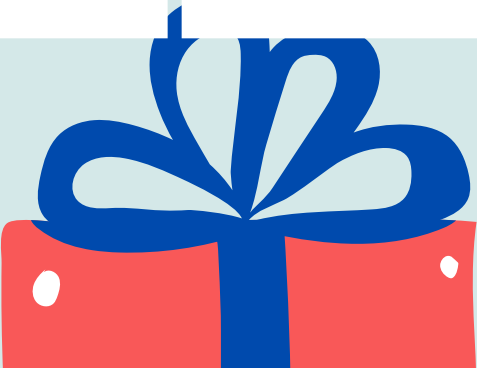


# DECEMBER 2020

SUN	MON	TUE	WED	THU	FRI	SAT
		1 <u>Push-Up Challenge</u>	2 <u>Winter Feast</u>	3 <u>Pumpkin 5 Ways</u>	4 <u>Be Active Your Way.</u>	5
6	7 <u>First Bite</u>	8 <u>Food Critic</u>	9 <u>Food Group Quizzes</u>	10 <u>Holiday Makeover</u>	11 <u>Let's Talk Trash</u>	12
13	14 <u>Hubble's A-mazing View</u>	15 <u>What Do Plants Need?</u>	16 <u>Yoga for the Heart</u>	17 <u>First Step to Sustainability.</u>	18 <u>Spaceflight Explorer Activity.</u>	19
20	21 <u>Broccoli Basics</u> NO SCHOOL	22 <u>Farm Scavenger Hunt</u> NO SCHOOL	23 <u>Overnight French Toast</u> NO SCHOOL	24 <u>Holiday Food Pyramid</u> NO SCHOOL	25 <u>Naughty or Nice Food Groups</u> NO SCHOOL	26
27	28 <u>Food Hero Song</u> NO SCHOOL	29 <u>Food is Fuel</u> NO SCHOOL	30 <u>Garden Maze</u> NO SCHOOL	31 <u>What is Food Miles?</u> NO SCHOOL		



CLICK ON THE ACTIVITIES LISTED FOR EACH DAY

