





















Breakfast Menu 2019-20

Breakfast includes one entrée, milk, 100% juice and fruit. All grains served are whole grain rich.

Breakfast is available at no charge at the following schools: Alliance, Arleta, Astor, Beach, Benson, Boise Eliot/Humboldt, Bridger, Cesar Chavez, Creston, CTC, Faubion, Franklin, George, Grout, Harrison Park, James John, Jefferson, Kelly, Lane, Lee, Lent, Madison, Martin Luther King Jr., Markham, Marysville, Ockley Green, Peninsula, Pioneer Programs, Rigler, Roosevelt, Rosa Parks, Roseway Heights, Scott, Sitton, Tubman, Vernon, Vestal, Whitman, Woodlawn, Woodmere and Youth Progress.

Serving the Weeks of:			Monday	Tuesday	Wednesday	Thursday	Friday
September 2 September 23 October 14 November 4 December 2	January 6 January 27 February 17 March 9	March 30 April 20 May 11 June 1	Bagel with Cream Cheese  	French Toast Sticks 	Egg and Cheese Breakfast Burrito  	Banana Bread 	Chicken Waffle Sandwich 
September 9 September 30 October 21 November 11	December 9 January 13 February 3 February 24	March 16 April 6 April 27 May 18	Zac O'mega Bar (Assorted Flavors) 	Maple Waffles  	Egg and Cheese on an English Muffin  	Cinnamon Crumble Bread 	Chicken Sausage Biscuit Sandwich 
August 26 September 16 October 7 October 28	November 18 December 16 January 20 February 10	March 2 April 13 May 4 May 25	Turkey Ham and Cheese on a Hawaiian Bun 	Chicken Sausage Pancake Sandwich 	Blueberry Muffin 	Chicken Sausage, Egg and Cheese Croissant 	Mini Maple Pancakes 

Cinnamon Chex and Honey Nut Cheerios Cereal offered daily at most sites  

 Vegetarian option, may contain cheese &/or egg |  Items with 6g or less of added sugar per serving | Menu is subject to change

This institution is an equal opportunity provider.