

















May 2022 | ES/MS Lunch Menu | Eat Local Asparagus on Thursdays

Monday	Tuesday	Wednesday	Thursday	Friday
2 Cheesy Baked Potatoes with Chili  Popcorn Chicken	3 Turkey Hot Dog Hamburger Cheeseburger	4 Homemade Cheese Lasagna 	5 Cheese Pizza  Pepperoni Pizza 	6 Alaskan Pollock Chicken Burger
9 Pasta with Marinara and Meatballs Popcorn Chicken	10 Chicken Potstickers with Brown Rice Hamburger Cheeseburger	11 Beans, Cheese and Rice Bowl with Tortilla Chips  Turkey Sandwich	12 Cheese Pizza  Pepperoni Pizza 	13 BBQ Pulled Pork  Chicken Burger
16 Pasta with Marinara and Mozzarella  Popcorn Chicken	17 Teriyaki Chicken with Brown Rice Hamburger Cheeseburger	18 Homemade Cheese Lasagna 	19 Cheese Pizza  Pepperoni Pizza 	20 Alaskan Pollock Chicken Burger
23 Mozzarella Breadsticks  Popcorn Chicken	24 Egg Fried Rice  Hamburger Cheeseburger	25 Pancakes with Turkey Sausage, Scrambled Eggs and Potatoes with Berry Compote	26 Cheese Pizza  Pepperoni Pizza 	27 Chicken Potstickers with Brown Rice
30 Memorial Day Schools Closed	31 Turkey Hot Dog Hamburger Cheeseburger			

Updated: 4/28/22

 Vegetarian option, may contain cheese &/or egg |  Pork | PB&J, yogurt and hummus are offered weekly 

Lunch includes one entrée, milk and **unlimited fruits and vegetables**. Students **MUST** choose at least ½ cup of fruit or vegetable.

Menu is subject to change. This institution is an equal opportunity provider.