

October 2021 | ES/MS Lunch Menu

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|---|--|---|
| | | | | 1 BBQ Pulled Pork 🐷 Three Bean Chili ✓ |
| 4 Mozzarella Breadsticks ✓ Popcorn Chicken | 5 Orange Chicken with Brown Rice Hamburger Cheeseburger | 6 Pancakes with Turkey Sausage and Potatoes with Berry Compote | 7 Cheese Pizza ✓ Pepperoni Pizza 🐷 | 8 No School Statewide Inservice |
| 11 Cheesy Baked Potatoes with Chili ✓ Popcorn Chicken | 12 Turkey Hot Dog Hamburger Cheeseburger | 13 Beans, Cheese and Rice Bowl with Tortilla Chips ✓ Turkey Sandwich | 14 Cheese Pizza ✓ Pepperoni Pizza 🐷 | 15 Alaskan Pollock |
| 18 Popcorn Chicken | 19 Hamburger | 20 Turkey Ham Sandwich with a String Cheese | 21 Cheese Pizza ✓ | 22 Mozzarella Breadsticks ✓ |
| 25 Popcorn Chicken | 26 Hamburger | 27 Pasta with Marinara and Mozzarella ✓ | 28 Cheese Pizza ✓ | 29 Rip City Turkey Ham and Cheese |

✓ Vegetarian option, may contain cheese &/or egg | 🐷 Pork | PB&J are served every day, yogurt and hummus are offered weekly ✓

Lunch includes one entrée, milk and **unlimited fruits and vegetables**. Students **MUST** choose at least ½ cup of fruit or vegetable.

Menu is subject to change. This institution is an equal opportunity provider.