














# October 2021 | High School Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
Daily Pizza Cheese 	Daily Pizza Cheese 	Daily Pizza Cheese 	Daily Pizza Cheese 	Daily Pizza Cheese 
Daily Options: Burrito Bar  PB&J  Hummus  Yogurt Parfaits 				
				1 Chicken Filet Sandwich
4 Mozzarella Breadsticks 	5 Orange Chicken with Brown Rice	6 Mashed Potato Bowl with Chicken	7 Korean Chicken with Brown Rice	8 No School Statewide Inservice
11 Cheesy Baked Potatoes with Chili 	12 Chicken Filet Sandwich	13 Cheeseburger	14 Teriyaki Chicken with Brown Rice	15 Alaskan Pollock
18 Popcorn Chicken with a Roll	19 Cheeseburger	20 Turkey Ham Sandwich with a String Cheese	21 Teriyaki Chicken with Brown Rice	22 Mozzarella Breadsticks 
25 Popcorn Chicken with a Roll	26 Orange Chicken with Brown Rice	27 Pasta with Marinara and Mozzarella 	28 Korean Chicken with Brown Rice	29 Rip City Turkey Ham and Cheese

 Vegetarian option, may contain cheese &/or egg |  Pork

Lunch includes one entrée, milk and **unlimited fruits and vegetables**. Students **MUST** choose at least **1/2 cup of fruit or vegetable**.

**Menu is subject to change.** This institution is an equal opportunity provider.