





December 2022 | Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
			Maple Waffles  	Egg and Cheese on an English Muffin  
5	6	7	8	9
Cinnamon Chex Cereal  	Banana Bread 	Egg and Cheese Breakfast Burrito  	French Toast Sticks  	Blueberry Muffin 
12	13	14	15	16
Honey Cherrios Cereal  	Cinnamon Crumble Bread 	Turkey Ham and Cheese on a Hawaiian Bun 	Maple Waffles  	Egg and Cheese on an English Muffin  
19	20	21	22	23
Winter Break Schools Closed	Winter Break Schools Closed	Winter Break Schools Closed	Winter Break Schools Closed	Winter Break Schools Closed
26	27	28	29	30
Winter Break Schools Closed	Winter Break Schools Closed	Winter Break Schools Closed	Winter Break Schools Closed	Winter Break Schools Closed

Updated: 11/21/22

 Vegetarian option, may contain cheese &/or egg |  Items with 6g or less of added sugar per serving

1% plain milk, fat free plain milk, 1/2 cup of fruit and a 1/2 cup of juice are offered daily with each breakfast. Students **MUST** choose at least 1/2 **cup of fruit**.

Menu is subject to change. This institution is an equal opportunity provider.