




















February 2023 | ES/MS Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Pancakes with Turkey Sausage and Potatoes with Berry Compote	2 Cheese Pizza  Pepperoni Pizza  Specialty Pizza  	3 Alaskan Pollock Chicken Filet Sandwich
6 Three Bean Chili  Popcorn Chicken	7 Indian Curry with Chicken and Brown Rice Cheeseburger	8 Yakisoba with Chicken or Vegetables  Turkey Sandwich	9 Cheese Pizza  Pepperoni Pizza  Specialty Pizza  	10 Hand Rolled Burritos Beef, Bean and Cheese or Bean and Cheese 
13 Grilled Cheese Sandwich with Tomato Soup  Popcorn Chicken	14 Local Lunch Mozzarella Breadsticks  Carmen Ranch Grassfed Beef Burger with Cheese	15 Oven Baked Chicken with Mashed Potatoes Turkey and Cheese Sandwich	16 Cheese Pizza  Pepperoni Pizza  Specialty Pizza  	17 No School for Students
20 President's Day Schools Closed	21 Teriyaki Chicken with Brown Rice Cheeseburger	22 Homemade Cheese Lasagna 	23 No School for Students	24 No School for Students
27 Check in with your school's cafeteria	28 Green Chile and Cheese Tamale with Beans  Chicken Filet Sandwich			

Updated: 2/24/23

 Vegetarian option, may contain cheese &/or egg |  Pork | PBJ is offered daily, yogurt and hummus weekly 

Lunch includes one entrée, milk and **unlimited fruits and vegetables**. Students **MUST** choose at least **½ cup of fruit or vegetable**.

Menu is subject to change. This institution is an equal opportunity provider.