


















# January 2023 | Pioneer Lunch Menu

| Monday  | Tuesday   | Wednesday  | Thursday   | Friday   |
|---|---|--|--|--|
| <b>2</b><br>No School for Students  | <b>3</b><br>Mozzarella Breadsticks   | <b>4</b><br>Three Bean Chili with Tortilla Chips      | <b>5</b><br>Cheese Pizza <br>Pepperoni Pizza       | <b>6</b><br>Alaskan Pollock  |
| <b>9</b><br>Grilled Cheese Sandwich                | <b>10</b><br>Cheeseburger   | <b>11</b><br>Yakisoba with Chicken or Vegetables      | <b>12</b><br>Cheese Pizza <br>Pepperoni Pizza      | <b>13</b><br>Hand Rolled Burritos Beef, Bean and Cheese or Bean and Cheese  |
| <b>16</b><br>Dr. Martin Luther King Jr. Day Schools Closed  | <b>17</b><br>Mozzarella Breadsticks  | <b>18</b><br>Oven Baked Chicken with Mashed Potatoes  | <b>19</b><br>Cheese Pizza <br>Pepperoni Pizza      | <b>20</b><br>Chicken Filet Sandwich  |
| <b>23</b><br>Pasta with Marinara and Mozzarella  | <b>24</b><br>Korean Chicken with Brown Rice   | <b>25</b><br>Homemade Cheese Lasagna                 | <b>26</b><br>Cheese Pizza <br>Pepperoni Pizza  | <b>27</b><br>No School for Students  |
| <b>30</b><br>Popcorn Chicken  | <b>31</b><br>Ethiopian Simmer Sauce with Chicken and Brown Rice   |  |  |  |

Updated: 8/18/22

 Vegetarian option, may contain cheese &/or egg |  Pork | PBJ is offered daily, yogurt and hummus weekly 

Lunch includes one entrée, milk and **unlimited fruits and vegetables**. Students **MUST** choose at least **½ cup of fruit or vegetable**.

**Menu is subject to change.** This institution is an equal opportunity provider.