













January 2023 | Supper Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2 No School for Students	3 Hummus or PBJ with Crackers and String Cheese 	4 Yogurt and Granola PBJ with Crackers and String Cheese 	5 Popcorn Chicken	6 PBJ with Crackers and String Cheese 
9 Chicken Filet Sandwich	10 Mozzarella and Parmesan Cheese Garlic Bread 	11 Mozzarella Breadsticks 	12 Grilled Cheese Sandwich 	13 PBJ with Crackers and String Cheese 
16 Dr. Martin Luther King Jr. Day Schools Closed	17 Rip City Turkey Ham and Cheese	18 Cheeseburger on a Whole Wheat Bun	19 Popcorn Chicken	20 PBJ with Crackers and String Cheese 
23 Chicken Filet Sandwich	24 Mozzarella and Parmesan Cheese Garlic Bread 	25 Mozzarella Breadsticks 	26 Grilled Cheese Sandwich 	27 No School for Students
30 Cheese Pizza 	31 Rip City Turkey Ham and Cheese			

Updated: 12/19/22

 Vegetarian option, may contain cheese &/or egg

1% plain and nonfat chocolate milk is offered daily with supper. 1/4 cup of fruit and 1/2 cup of vegetable are offered with each supper.

Menu is subject to change. All grains served are whole grain rich. This institution is an equal opportunity provider.