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	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast		1 Cinnamon Chex Cereal 	2 Banana Bread 	3 Cinnamon Crumble Bread 	4 No School for Students
Lunch		Mashed Potato Bowl with Chicken	Cheeseburger	Korean Chicken with Brown Rice	
Breakfast	7 Blueberry Muffin 	8* Honey Cherrios Cereal 	9 Cinnamon Crumble Bread 	10 Turkey Ham and Cheese on a Hawaiian Bun	11 Veteran's Day Schools Closed
Lunch	Cheesy Baked Potatoes with Chili 	Chicken Filet Sandwich	Yakisoba with Chicken or Vegetables 	Teriyaki Chicken with Brown Rice	
Breakfast	14 Blueberry Muffin 	15 Cinnamon Chex Cereal 	16 Banana Bread 	17 Cinnamon Crumble Bread 	18 Yogurt and Granola 
Lunch	Pasta with Marinara and Mozzarella 	Mozzarella Breadsticks 	Chicken Filet Sandwich	Indian Curry with Chickpeas and Brown Rice 	Roast Turkey, Mashed Potatoes, Gravy and a Roll
	21 Day/Evening Conferences No School for Students	22 Day/Evening Conferences No School for Students	23 No School for Students	24 Happy Thanksgiving Schools Closed	25 District Closed
Breakfast	28 Blueberry Muffin 	29 Honey Cherrios Cereal 	30 Cinnamon Crumble Bread 		
Lunch	Pasta with Marinara and Mozzarella 	Teriyaki Chicken with Brown Rice	Homemade Cheese Lasagna 		

Updated: 11/14/22

 Vegetarian option, may contain cheese &/or egg |  Pork | Yogurt and hummus are offered weekly 

Lunch includes one entrée, milk and **unlimited fruits and vegetables**. Students **MUST** choose at least ½ cup of fruit or vegetable.

Menu is subject to change. This institution is an equal opportunity provider.