







April 2023 | ES/MS Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
3 Mozzarella Breadsticks 	4 Three Bean Chili 	5 Pancakes with Turkey Sausage and Potatoes with Berry Compote	6 Cheese Pizza  Pepperoni Pizza  Specialty Pizza  	7 Alaskan Pollock Cheeseburger
10 No School for Students	11 Chicken Dumplings with Brown Rice Turkey Sandwich	12 Yakisoba with Chicken or Vegetables 	13 Cheese Pizza  Pepperoni Pizza  Specialty Pizza  	14 Hand Rolled Burritos Beef, Bean and Cheese or Bean and Cheese 
17 Pasta with Marinara and Mozzarella  Popcorn Chicken	18 Orange Chicken with Brown Rice Turkey Sandwich	19 Mozzarella Breadsticks  Chicken Filet Sandwich	20 Cheese Pizza  Pepperoni Pizza  Specialty Pizza  	21 Local Lunch Tofu with Brown Rice  Carmen Ranch Grassfed Beef Burger with Cheese
24 Beans, Cheese and Rice Bowl with Tortilla Chips  Popcorn Chicken	25 Teriyaki Chicken with Brown Rice Turkey Hot Dog	26 Homemade Cheese Lasagna 	27 Cheese Pizza  Pepperoni Pizza  Specialty Pizza  	28 Cheeseburger

Updated: 4/14/23

 Vegetarian option, may contain cheese &/or egg |  Pork | PBJ is offered daily, yogurt and hummus weekly 

Lunch includes one entrée, milk and **unlimited fruits and vegetables**. Students **MUST** choose at least **½ cup of fruit or vegetable**.

Menu is subject to change. This institution is an equal opportunity provider.