




















August/September 2022 | ES/MS Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
August 29	August 30	August 31	September 1	September 2
	Cheeseburger	Popcorn Chicken	Cheese Pizza  Pepperoni Pizza 	Chicken Filet Sandwich
5	6	7	8	9
Labor Day Holiday Schools Closed	Orange Chicken with Brown Rice	Pancakes with Turkey Sausage and Potatoes with Berry Compote	Cheese Pizza  Pepperoni Pizza 	Hand Rolled Burritos Beef, Bean and Cheese or Bean and Cheese 
12	13	14	15	16
Cheesy Baked Potatoes with Chili  Cheeseburger	Turkey Hot Dog Popcorn Chicken	Yakisoba with Chicken or Vegetables  Turkey Ham Sandwich	Cheese Pizza  Pepperoni Pizza 	Alaskan Pollock Chicken Filet Sandwich
19	20	21	22	23
Cheese Ravioli  Cheeseburger	Mozzarella Breadsticks  Popcorn Chicken	Beans, Cheese and Rice Bowl with Tortilla Chips  Turkey Ham Sandwich	Cheese Pizza  Pepperoni Pizza 	No School for Students
26	27	28	29	30
Pasta with Marinara and Mozzarella  Cheeseburger	Teriyaki Chicken with Brown Rice Popcorn Chicken	Homemade Cheese Lasagna 	Cheese Pizza  Pepperoni Pizza 	BBQ Pulled Pork with Cornbread  Chicken Filet Sandwich

Updated: 8/18/22

 Vegetarian option, may contain cheese &/or egg |  Pork | Yogurt and hummus are offered weekly 

Lunch includes one entrée, milk and **unlimited fruits and vegetables**. Students **MUST** choose at least ½ cup of fruit or vegetable.

Menu is subject to change. This institution is an equal opportunity provider.