## October 2023 Access/CTC SE/DART Menu

|  | Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  | 2 | 3 | 4 | 5 | 6 |
| Breakfast | Cereal | Blueberry Muffin (1) | Breakfast Bread ( | Cereal | Yogurt and Granola (1) |
| Lunch | Chicken Tenders | Mozzarella Breadsticks ( | Homemade Cheese Lasagna | Cheese Pizza <br> Pepperoni Pizza | Chicken Fillet Sandwich |
|  | 9 | 10 | 11 | 12 | 13 |
| Breakfast | Cereal | Peach Cheerios Bar | Breakfast Bread | Cinnamon Swirl Bun (r) |  |
| Lunch | Chicken Tenders | Orange Chicken with Brown Rice | Pancakes with Chicken Sausage and Potatoes with Berry Compote | Cheese Pizza <br> Pepperoni Pizza | Statewide Inservce |
|  | 16 | 17 | 18 | 19 | 20 |
| Breakfast | Cereal | Blueberry Muffin (1) | Breakfast Bread | Cereal | Yogurt and Granola (1) |
| Lunch | Chicken Tenders | Cheeseburger | Yakisoba with Chicken or Vegetables | Cheese Pizza $\downarrow$ Pepperoni Pizza (6) | Hand Rolled Burritos Beef, Bean and Cheese or Bean and Cheese |
|  | 23 | 24 | 25 | 26 | 27 |
| Breakfast | Cereal | Peach Cheerios Bar | Breakfast Bread | Cinnamon Swirl Bun (1) | Yogurt and Granola (1) |
| Lunch | Chicken Tenders | Teriyaki Chicken with Brown Rice | Pasta with Marinara and Mozzarella | Cheese Pizza © <br> Pepperoni Pizza | Beans, Cheese and Rice Bowl with Tortilla Chips |
|  | 30 | 31 |  |  |  |
| Breakfast | Cereal | Blueberry Muffin ( |  |  |  |
| Lunch | Chicken Tenders | Mozzarella Breadsticks $\downarrow$ |  |  |  |

Updated: 9/25/23Vegetarian option, may contain cheese \&/or egg | (2) Pork | PBJ is offered daily, yogurt and hummus weekly Lunch includes one entrée, milk and unlimited fruits and vegetables. Students MUST choose at least $1 / 2$ cup of fruit or vegetable.

Menu is subject to change. This institution is an equal opportunity provider.

