































October 2023 | Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
Blueberry Muffin 	Mini Pancakes 	Egg and Cheese Filled Hashbrown  	Maple Waffles  	Blueberry Chex  
9	10	11	12	13
Peach Cheerios Bar 	Breakfast Bread 	Cinnamon Swirl Bun 	Egg and Cheese on an English Muffin  	No School Statewide Inservice
16	17	18	19	20
Blueberry Muffin 	Mini Pancakes 	Egg and Cheese Filled Hashbrown  	Maple Waffles  	Blueberry Chex  
23	24	25	26	27
Peach Cheerios Bar 	Breakfast Bread 	Cinnamon Swirl Bun 	Egg and Cheese on an English Muffin  	French Toast Sticks  
30	31			
Blueberry Muffin 	Mini Pancakes 			

Updated: 9/25/23

 Vegetarian option, may contain cheese &/or egg | Items with 6g or less of added sugar per serving 

1% plain milk, fat free plain milk, 1/2 cup of fruit and a 1/2 cup of juice are offered daily with each breakfast. Students **MUST** choose at least ½ **cup of fruit**.

Menu is subject to change. This institution is an equal opportunity provider.