
















October 2023 | ES/MS Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2 Chicken Tenders	3 Mozzarella Breadsticks 	4 Homemade Cheese Lasagna 	5 Cheese Pizza  Pepperoni Pizza 	6 Chicken Fillet Sandwich
9 Chicken Tenders	10 Orange Chicken with Brown Rice	11 Pancakes with Chicken Sausage and Potatoes with Berry Compote	12 Cheese Pizza  Pepperoni Pizza 	13 No School Statewide Inservice
16 Chicken Tenders	17 Cheeseburger	18 Yakisoba with Chicken or Vegetables 	19 Cheese Pizza  Pepperoni Pizza 	20 Hand Rolled Burritos Beef, Bean and Cheese or Bean and Cheese 
23 Chicken Tenders	24 Teriyaki Chicken with Brown Rice	25 Pasta with Marinara and Mozzarella 	26 Cheese Pizza  Pepperoni Pizza 	27 Beans, Cheese and Rice Bowl with Tortilla Chips 
30 Chicken Tenders	31 Mozzarella Breadsticks 			

Updated: 9/25/23

 Vegetarian option, may contain cheese &/or egg |  Pork | PBJ is offered daily, yogurt and hummus weekly 

Lunch includes one entrée, milk and **unlimited fruits and vegetables**. Students **MUST** choose at least ½ cup of fruit or vegetable.

Menu is subject to change. This institution is an equal opportunity provider.