

















August/September 2023 | ES/MS Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	August 29	August 30	August 31	September 1
	Chicken Tenders	Cheeseburger	Cheese Pizza  Pepperoni Pizza 	Chicken Sandwich
4	5	6	7	8
Labor Day Holiday Schools Closed	Mozzarella Breadsticks 	Turkey Hot Dog	Cheese Pizza  Pepperoni Pizza 	Hand Rolled Burritos Beef, Bean and Cheese or Bean and Cheese 
11	12	13	14	15
Chicken Tenders	Orange Chicken with Brown Rice	Pancakes with Chicken Sausage and Potatoes with Berry Compote	Cheese Pizza  Pepperoni Pizza 	Hand Rolled Burritos Beef, Bean and Cheese or Bean and Cheese 
18	19	20	21	22
Chicken Tenders	Turkey Hot Dog	Yakisoba with Chicken or Vegetables 	Cheese Pizza  Pepperoni Pizza 	Chicken Sandwich
25	26	27	28	29
Chicken Tenders	Teriyaki Chicken with Brown Rice	Pasta with Marinara and Mozzarella 	Cheese Pizza  Pepperoni Pizza 	Beans, Cheese and Rice Bowl with Tortilla Chips 

Updated: 8/28/23

 Vegetarian option, may contain cheese &/or egg |  Pork | PBJ is offered daily, yogurt and hummus weekly 

Lunch includes one entrée, milk and **unlimited fruits and vegetables**. Students **MUST** choose at least **½ cup of fruit or vegetable**.

Menu is subject to change. This institution is an equal opportunity provider.