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	Monday	Tuesday	Wednesday	Thursday	Friday
	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>
<b>Breakfast</b>	Cinnamon Chex Cereal  	Cinnamon Crumble Bread  	Cinnamon Swirl Bun  	Egg and Cheese on an English Muffin  	French Toast Sticks  
<b>Lunch</b>	Chicken Tenders 	Orange Chicken with Brown Rice 	Pancakes with Turkey Sausage 	Cheese Pizza  	Bean and Cheese Burrito  
<b>Snack</b>	Fruit and Cheese 	Fruit and Yogurt 	Fruit and Crackers  	Fruit and Cheese 	Vegetables and Chips  
	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>
<b>Breakfast</b>	Blueberry Muffin  	Mini Pancakes  	Egg and Cheese Filled Hashbrown  	Maple Waffles  	
<b>Lunch</b>	Chicken Tenders 	Turkey Hot Dog 	Yakisoba with Chicken or Vegetables  	Cheese Pizza  	
<b>Snack</b>	Fruit and Cheese 	Fruit and Yogurt 	Fruit and Crackers  	Fruit and Cheese 	
	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>
<b>Breakfast</b>	Honey Cherrios Cereal  	Cinnamon Crumble Bread  	Cinnamon Swirl Bun  	Egg and Cheese on an English Muffin  	French Toast Sticks  
<b>Lunch</b>	Chicken Tenders 	Teriyaki Chicken with Brown Rice 	Pasta with Marinara and Mozzarella  	Cheese Pizza  	Beans, Cheese and Rice Bowl with Tortilla Chips  
<b>Snack</b>	Fruit and Cheese 	Fruit and Yogurt 	Fruit and Crackers  	Fruit and Cheese 	Vegetables and Chips  

Updated: 9/7/23



Vegetarian option, may contain cheese &/or egg



Grains are whole grain-rich

1% milk is offered daily with breakfast and lunch. Fruit is offered with breakfast, fruit and vegetables are offered with lunch.

Menu is subject to change. This institution is an equal opportunity provider.