












December 2023 | ES/MS Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
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				Beans, Cheese and Rice Bowl with Tortilla Chips 
4	5	6	7	8
Chicken Tenders	Mozzarella Breadsticks 	Homemade Cheese Lasagna 	Cheese Pizza  Pepperoni Pizza 	Chicken Fillet Sandwich
11	12	13	14	15 Local Lunch
Chicken Tenders	Teriyaki Chicken with Brown Rice	Pancakes with Chicken Sausage and Potatoes with Berry Compote	Cheese Pizza  Pepperoni Pizza 	Roast Turkey, Mashed Potatoes, Gravy and a Roll
18	19	20	21	22
Chicken Tenders	Mozzarella Breadsticks 	Cheeseburger	Cheese Pizza  Pepperoni Pizza 	Bean and Cheese Nachos 
25	26	27	28	29
Winter Break Schools Closed	Winter Break Schools Closed	Winter Break Schools Closed	Winter Break Schools Closed	Winter Break Schools Closed

Updated: 11/30/23

 Vegetarian option, may contain cheese &/or egg |  Pork | PBJ is offered daily, yogurt and hummus weekly 

Lunch includes one entrée, milk and **unlimited fruits and vegetables**. Students **MUST** choose at least **½ cup of fruit or vegetable**.

Menu is subject to change. This institution is an equal opportunity provider.