## **December 2023 | Head Start Menu**

	Monday	Tuesday	Wednesday	Thursday	Friday
					1
Breakfast					French Toast Sticks 🕜 🍪
Lunch					Beans, Cheese and Rice Bowl with Tortilla Chips 🕜 🍪
Snack					Fruit and Cheese 🕜
	4	5	6	7	8
Breakfast	Blueberry Muffin 🕜 🍪	Mini Pancakes 🕜 🍪	Egg and Cheese Filled Hashbrown 🕜 俊	Maple Waffles 🕜 🍪	_
Lunch	Chicken Tenders 🚱	Mozzarella Breadsticks 🕜 🍪	Homemade Cheese Lasagna 🕜	Cheese Pizza 🏈 🍪	No Child Day
Snack	Fruit and Chex Mix 🕜	Fruit and Goldfish Crackers 🕜	Vegetables and Crackers 🕜	Fruit and Crackers 🕜	
	11	12	13	14	15
Breakfast	Cinnamon Chex Cereal <b>© ©</b>	Banana Bread 🕜 🍪	Cinnamon Swirl Bun 🕜 🍪	Egg and Cheese on an English Muffin 🕜 修	Honey Cheerios Cereal 🕜 🤔
Lunch	Chicken Tenders 🚱	Teriyaki Chicken with Brown Rice 🍪	Pancakes with Chicken Sausage 🍪	Cheese Pizza 🌃 🍪	Roast Turkey, Mashed Potatoes, Roll and Gravy 修
Snack	Fruit and Chex Mix 🕜	Vegetables and Chips 💗	Vegetables and Crackers 🕜	Fruit and Yogurt 🕜	Fruit and Cheese 🕜
	18	19	20	21	22
Breakfast	Blueberry Muffin 🕜 🍪	Mini Pancakes 🕜 🍪	Egg and Cheese Filled Hashbrown 🕜 俊	Maple Waffles 🕜 🍪	Honey Cheerios Cereal 🕜 🤔
Lunch	Chicken Tenders 🚱	Orange Chicken with Brown Rice 🍪	Cheeseburger 🍪	Cheese Pizza 🌃 🍪	Bean and Cheese Nachos 🕜
Snack	Vegetables and Chex Mix 🕜	Hummus and Chips 🕜	Fruit and Cheese 🕜	Fruit and Crackers 🕜	Fruit and Goldfish Crackers <b>V</b>
	26	27	28	29	30
	Winter Break Schools Closed	Winter Break Schools Closed	Winter Break Schools Closed	Winter Break Schools Closed	Winter Break Schools Closed

Updated: 11/30/23