## January 2024 | Head Start Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4	5
Breakfast		Honey Cheerios Cereal 🗸 🍪	Banana Bread 🕜 🍪	Cinnamon Swirl Bun 🕜 🚱	Cinnamon Chex Cereal <b>V ©</b>
Lunch	No School for Students	Three Bean Chili with Tortilla Chips 🕜 🍪	Chicken Tenders 🍪	Cheese Pizza 🕜 🍪	Chicken Fillet Sandwich 🍪
Snack		Fruit and Chex Mix 🕜	Fruit and Goldfish Crackers 🕜	Fruit and Yogurt 🕜	Fruit and Cheese 🕜
	8	9	10	11	12
Breakfast	Blueberry Muffin 🕜 🍪	Mini Pancakes 🕜 🍪	Egg and Cheese Filled Hashbrown 🕜 修	Maple Waffles 🕜 🍪	
Lunch	Grilled Cheese Sandwich 🕜 🍪	Orange Chicken with Brown Rice 🍪	Yakisoba with Chicken and Vegetables 🕜 🍪	Cheese Pizza 🕜 🍪	No Child Day
Snack	Fruit and Chex Mix 💗	Vegetables and Chips 🕜	Fruit and Cheese 🕜	Fruit and Crackers 💗	
	15	16	17	18	19
Breakfast					
Lunch	Dr. Martin Luther King Jr. Day Schools Closed	No School for Students	No School for Students	No School for Students	No School for Students
Snack					
	22	23	24	25	26
Breakfast	Cinnamon Chex Cereal <b>6</b>	Banana Bread 🕜 🍪	Egg and Cheese Filled Hashbrown 🕜 修	Maple Waffles 🕜 🍪	French Toast Sticks 🕜 🍪
Lunch	Three Bean Chili with Tortilla Chips 🕜 🍪	Chicken Tenders 🚱	Pasta with Marinara and Mozzarella 🕜 修	Cheese Pizza 🕜 🍪	Cheeseburger 🍪
Snack	Fruit and Chips 🕜	Vegetables and Chex Mix 🕡	Fruit and Cheese 🕜	Fruit and Crackers 🕜	Fruit and Goldfish Crackers <b>V</b>
	29	30	31		
Breakfast		Egg, Cheese and Turkey Sausage Breakfast Calzone &	Cinnamon Swirl Bun 🕜 🍪	_	
Lunch	No School for Students	Mozzarella Breadsticks 🕜 🍪	Pancakes with Chicken Sausage 🍪	_	
Snack		Fruit and Goldfish Crackers 🕜	Vegetables and Goldfish Crackers 🕜		

Updated: 1/19/2024