September 2024 Creston Head Start Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
	2	3	4	5	6
Breakfast				Cereal 🕜	Cinnamon Crumble Bread 😵
Lunch	Labor Day Holiday Schools Closed	No School for Students	No School for Students	Cheese Pizza 👔	Cheeseburger
Snack				Yogurt and Granola 🕥	Fruit and Crackers 🔇
	9	10	11	12	13
Breakfast	Cereal 😵	Breakfast Bread V	Cereal 😵	Apple Cinnamon Oatmeal Round 🔇	
Lunch	Teriyaki Chicken with Brown Rice	Mozzarella Breadsticks 🕥	Chicken Dumplings	Cheese Pizza 👔	No School for Students
Snack	Yogurt and Granola 🕥	Fruit Cup and Crackers 🕥	Fruit and Crackers 🔇	Fruit and Tortilla Chips 🔇	
	16	17	18	19	20
Breakfast	Pumpkin Bread 🕥	Cereal 🕜	Breakfast Bread 🕥	Cereal 🕜	
Lunch	Pasta with Marinara and Mozzarella 🕥	Chicken Tenders	Bean and Cheese Nachos 📎	Cheese Pizza 🕥	No School for Students
Snack	Fruit and Chex Mix 😵	Fruit Cup and Crackers 💔	Yogurt and Granola 🔮	Cheese and Vegetables 🕅	
	23	24	25 Early Release	26	27
Breakfast	Honey Cheerios Cereal 😵	Breakfast Bread V	Cereal 😵	Bagel Sticks with Cream Cheese 🕜	Breakfast Bread V
Lunch	Orange Chicken with Brown Rice	Mozzarella Breadsticks 🔇	Turkey Sandwich	Cheese Pizza 👔	Turkey Hot Dog
Snack	Yogurt and Granola 🔇	Fruit Cup and Crackers 🕥	Fruit and Crackers 🔇	Fruit Cup and Tortilla Chips 😵	Vegetables and Chex Mix 🔇
	30				
Breakfast	Cereal 🕜				
Lunch	Cheesy Baked Potatoes with Seasoned Beans				
Snack	Fruit and Chex Mix 🕜				

🛛 😵 Vegetarian option, may contain cheese &/or egg | Grains are whole grain-rich unless noted with 🥝

Unflavored 1% milk is offered daily with breakfast and lunch. Fruit is offered with breakfast, fruit and vegetables are offered with lunch.

Updated: 9/5/24

Menu is subject to change. This institution is an equal opportunity provider.