October 2024 Head Start and Pre-K Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3	4
Breakfast		Chicken Sausage and Scrambled Eggs	Blueberry Muffin 🕅	Cinnamon Chex Cereal 👔	_
Lunch		Mozzarella Breadsticks 📎	Bean and Cheese Burrito 😵	Cheese Pizza 🕜	No School for Students
Snack		Fruit and Crackers V	Yogurt and Granola 🕥	Cheese and Vegetables 🔮	
	7	8	9	10	11
Breakfast	Chicken Sausage Biscuit Sandwich	Maple Waffles 🕜	Bagel Sticks with Cream Cheese 🕜	Banana Bread V	
Lunch	Teriyaki Chicken with Brown Rice	Chicken Tenders	Philly Cheesesteak Sandwich	Cheese Pizza 🕜	No School Statewide Inservce
Snack	Yogurt and Granola 😵	Fruit Cup and Crackers V	Fruit and Crackers 😵	Fruit Cup and Tortilla Chips 📎	
	14	15	16	17	18
Breakfast	Chicken and Waffle Sandwich	Chicken Sausage and Scrambled Eggs	Honey Cheerios Cereal 📎	Cinnamon Chex Cereal 🔇	
Lunch	Pasta with Marinara and Mozzarella 🕥	Chicken Tenders	Bean and Cheese Nachos 📎	Cheese Pizza 🔇	No School for Students
Snack	Fruit and Chex Mix 😵	Fruit Cup and Crackers 🕅	Yogurt and Granola 📎	Cheese and Vegetables 🔇	
	21	22	23 Early Release	24	25
Breakfast	Chicken Sausage Biscuit Sandwich	Maple Waffles 👔	Bagel Sticks with Cream Cheese 🕜	Cinnamon Crumble Bread 🔇	French Toast Sticks 🕜
Lunch	Orange Chicken with Brown Rice	Mozzarella Breadsticks 👔	Turkey Ham Sandwich	Cheese Pizza 🔇	Chicken Fillet Sandwich
Snack	Yogurt and Granola 📎	Fruit Cup and Crackers 🕅	Fruit and Crackers 🕅	Fruit Cup and Tortilla Chips 📎	Vegetables and Chex Mix 📎
	28	29	30	31	
Breakfast	Chicken and Waffle Sandwich	Mini Pancakes 🕥	Chicken Sausage and Scrambled Eggs	Cinnamon Chex Cereal 😵	-
Lunch	Turkey Hot Dog	Chicken Tenders	Bean and Cheese Burrito 📎	Cheese Pizza 🔇	_
Snack	Fruit and Chex Mix 😵	Fruit Cup and Crackers 🕅	Yogurt and Granola 🕥	Cheese and Vegetables 🕅	-

Updated: 9/27/24

😵 Vegetarian option, may contain cheese &/or egg | Grains are whole grain-rich unless noted with 🤌

Unflavored 1% milk is offered daily with breakfast and lunch. Fruit is offered with breakfast, fruit and vegetables are offered with lunch.

Menu is subject to change. This institution is an equal opportunity provider.