## October 2025 | MECP Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
			1	2	3
Breakfast			Vanilla Cream Filled Breadstick 🕜	Apple Cinnamon Muffin 😯	
Lunch			Bean and Cheese Nachos 🕜	Cheese Pizza 🕜	No School for Students
Snack			Yogurt and Granola 🕜	Vegetables and Cheese 🕜	
	6	7	8	9	10
Breakfast	Ham and Cheese Croissant 🕞	Honey Cheerios Cereal 🕜	Maple Waffles 🕜	Bagel Bites with Cream Cheese 🕜	
Lunch	Pasta with Marinara and Mozzarella 🕜	Chicken Tenders	Pancakes and Chicken Sausage	Cheese Pizza 🕜	No School Statewide Inservce
Snack	Cheese and Crackers 🕡	Fruit and Crackers 💗	Yogurt and Granola 🕜	Fruit Cup and Cheese 🕜	
	13	14	15	16	17
Breakfast	Chicken and Waffle Sandwich	Cinnamon Chex Cereal 🕜	Vanilla Cream Filled Breadstick 🕜	Apple Cinnamon Muffin 🕜	
Lunch	Orange Chicken with Brown Rice	Mozzarella Breadsticks 🕜	Bean and Cheese Burrito 😯	Cheese Pizza 🕜	No School for Students
Snack	Fruit and Chex Mix 🕜	Cheese and Crackers 🕡	Yogurt and Granola 🕜	Vegetables and Cheese 🕜	
	20	21	22 Early Release	23	24
Breakfast	Ham and Cheese Croissant 💿	Honey Cheerios Cereal 🕜	Maple Waffles 🕜	Bagel Bites with Cream Cheese 🕜	
Lunch	Yakisoba Noodles with Teriyaki Tofu 🕜	Chicken Tenders	Turkey and Cheese Sandwich Cheese Sandwich	Cheese Pizza 🕜	No School for Students
Snack	Cheese and Crackers 😯	Fruit and Crackers 🕜	Yogurt and Granola 🕜	Fruit Cup and Cheese 🕡	
	27	28	29	30	31
Breakfast	Chicken and Waffle Sandwich	Cinnamon Chex Cereal 🕜	Vanilla Cream Filled Breadstick 🕜	Honey Cheerios Cereal 🕜	
Lunch	Chicken and Vegetable Dumplings	Mozzarella Breadsticks 🕜	Bean and Cheese Nachos 🕜	Yogurt and Granola 🕜	No School for Students
Snack	Fruit and Chex Mix 🕜	Cheese and Crackers 🕜	Yogurt and Granola 🕜	Cheese and Crackers 💜	

Updated: 9/15/25