
























November 2018 - HS

Eat Local Squash — November 1 & 15

Monday	Tuesday	Wednesday	Thursday	Friday
Cheese Pizza  Pepperoni Pizza 	Pepperoni, Sausage and Black Olive  Cheese Pizza 	Pepperoni/Pineapple  Cheese Pizza 	Pepperoni and Sausage  Cheese Pizza 	Margherita Pizza  Cheese Pizza 
Chicken Sandwich	Hamburger or Cheeseburger	Spicy Chicken Sandwich	Featured Hot Sandwich	
Turkey Ham and Cheddar Cheese Sandwich	Turkey Ham and Cheese Sandwich	Turkey and Pepper Jack Cheese Sandwich	Italian Deli Sub	
			1 Mashed Potato Bowl with Chicken	2 Green Chile and Cheese Tamale with Refried Beans 
5 Carnitas Soft Tacos  Pinto Beans 	6 Turkey Hot Dog Broccoli Slaw 	7 Homemade Lasagna 	8 Sweet Thai Chili Chicken with Brown Rice	9 Sustainably Sourced Wild Alaskan Cod
12 Veterans Day Schools Closed	13 Mozzarella Breadsticks 	14 Indian Style Chicken Curry with Brown Rice	15 OSU/UO Promotion Cheese Pizza  Pepperoni/Sausage Pizza  Game Time Treat 	16 Roast Turkey, Gravy, Mashed Potatoes, and a Wheat Roll Pumpkin Parfait 
19 AM/PM Conferences No Classes for Students	20 AM/PM Conferences No Classes for Students	21 No Class for Students	22 Happy Thanksgiving Schools Closed	23 No Class for Students
26 Three Bean Chili with Tortilla Chips 	27 Orange Chicken with Brown Rice Sesame Green Beans 	28 Mashed Potato Bowl with Chicken	29 Teriyaki Chicken with Brown Rice	30 Cheese Enchiladas 

 Vegetarian option, may contain cheese &/or egg |  Pork | **Burrito Bar, PB&J, hummus meal and yogurt parfaits served everyday** 

Lunch includes one entrée, milk and **unlimited fruits and vegetables**. Students **MUST** choose at least ½ cup of fruit or vegetable.

Menu is subject to change. This institution is an equal opportunity provider.