

August 2021 | Summer Parks Menu

Breakfasts includes fruit and milk

Monday

Cinnamon Chex 


Tuesday

Blueberry Muffin 

Wednesday

Banana Bread 

Thursday

Honey Nut
Cheerios 

Friday

Bagel with Cream
Cheese 

Lunch includes fruits, vegetables and milk


Monday

2

Crackers, No Nut Butter Cup
and Sunflower Seeds
Lunch Pack 

Tuesday

3

PB&J and String
Cheese 

Wednesday


4

Turkey and Cheese Sandwich

Yogurt and Crackers 

Thursday

5

Cottage Cheese with
Pretzels and Fruit 

Friday

6

Mozzarella Caesar Salad 

9

Crackers, No Nut Butter Cup
and Sunflower Seeds
Lunch Pack 

10

PB&J and String
Cheese 

11

Turkey and Cheese Sandwich


Yogurt and Crackers 

12


Taco Salad with Beans and
Tortilla Chips 

13


Turkey Ham and
Cheese Sandwich

Hummus, Pretzels and
String Cheese 

16

Crackers, No Nut Butter Cup
and Sunflower Seeds
Lunch Pack 

17


PB&J and String
Cheese 

18

Turkey and Cheese Sandwich


Yogurt and Crackers 

19

Cottage Cheese with
Pretzels and Fruit 

20

Turkey Salami and
Cheese Sandwich

Cheese Sandwich 

 Vegetarian option, may contain cheese &/or egg  Pork

1% plain milk is offered daily with breakfast and lunch. 1/2 cup of fruit is offered with each breakfast. 3/4 cup fruits and/or vegetable are offered with each lunch.

This institution is an equal opportunity provider.

Menu subject to change