

















August 2022 | Summer Parks Menu

Monday	Tuesday	Wednesday	Thursday	Friday
1 Crackers, Cheese and Chicken Jerky	2 Cheese Sandwich 	3 BBQ Chicken Sandwich	4 Turkey and Cheddar Cheese Sandwich	5 Chicken Caesar Salad
Crackers, Cheese and Sunflower Seeds 	Yogurt and Granola 	Hummus, Cheese and Crackers 	Cheese Sandwich 	Crispy Chickpea Salad 
8 Crackers, Cheese and Chicken Jerky	9 Cheese Sandwich 	10 BBQ Chicken Sandwich	11 Turkey Ham and Cheese Sandwich	12 Taco Salad with Beans and Tortilla Chips 
Crackers, Cheese and Sunflower Seeds 	Yogurt and Granola 	Hummus, Cheese and Crackers 	Cheese Sandwich 	
15 Crackers, Cheese and Chicken Jerky	16 Cheese Sandwich 	17 BBQ Chicken Sandwich	18 Turkey and Cheddar Cheese Sandwich	19 Summer Program Ends Chicken Caesar Salad Crispy Chickpea Salad 
Crackers, Cheese and Sunflower Seeds 	Hummus, Cheese and Crackers 	Hummus, Cheese and Crackers 	Cheese Sandwich 	

 Vegetarian option, may contain cheese &/or egg

1% chocolate milk is offered daily with lunch. 3/4 cup fruits and/or vegetable are offered with each lunch.

Menu is subject to change. This institution is an equal opportunity provider.